

## A Best of Phong Nha tour

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### Itinerary Overview

Day	Destination	Meals
Day 0	HANOI – SLEEPING BUS TO PHONG NHA	/
Day 1	TREKKING NATIONAL PARK – RAO CON VILLAGE	B/L/D
Day 2	DARK CAVE – PARADISE CAVE	B/L

**Note\*:** B: Breakfast / L: Lunch / D: Dinner

### Detailed Itinerary

#### Day 0 HANOI – SLEEPING BUS TO PHONG NHA

17h00 – 17h15: Our bus picks up at your hotel in Hanoi (Old Quarter) to go to Phong Nha

**Meal:** n/a

**Accommodation:** Overnight on bus

#### Day 1 TREKKING NATIONAL PARK – RAO CON VILLAGE

08h30: Our Bus and tour guide picks up at your hotel and transferred to the entrance of Phong Nha National Park to visit animal rehabilitation areas, primates, rodents...

09h30 – Trek up Len Hai mountain (400m above the sea level) through primary forests. This is a hilling trail and hard trek for regular tourists

12h00: Have BBQ lunch in the forest near by stream where you can swim after lunch

15h30: Arrival Rao Con valley and Bru Van Kieu village. You will have chance to visit a small untouched Bru Van Kieu minority group and chatting with local people.

16h00: Visit the school in the village. You will also have an opportunity to meet more children in the

**Note\*:** this is a copy of itinerary on Indochina Treks Travel' Official Website and not the final itinerary.

classes and the teachers for a chat about the school, its ethos and teaching programs.

18h00: Have dinner and stay overnight at a family in Rao Con village

**Meal:** Breakfast/Lunch/Dinner

**Accommodation:** Homestay in Rao Con village

## Day 2 DARK CAVE – PARADISE CAVE

06h30: Have breakfast at homestay

07h00: Trekking to National park heading to road N0 20 (8kms)

09h30: The bus and tour guide will pick you up and start a dreamy trip to stunning scenery with thousands of limestone mountains and Ho Chi Minh trails (the trails were built during the "American War" to get troops and material to the south to help in fighting on the southern side of the DMZ line).

10h15: Visit Paradise cave – the Cave was labeled the World's most beautiful and magnificent. It has the length of 31.4 kms and is the longest dry cave in Asia. With naturally primitive features, Paradise Cave looks like a landscape painting, making it very attractive to visitors.

12h30: Bus picks up to go to Dark cave and have lunch at Dark cave restaurant with Vietnamese traditional dishes.

13h30: You will explore Dark cave. The cave is really amazing where you can experience many adventure activities such as Zipline, mud bathing, kayaking on Chay river and swimming.

16h30: Back to Phong Nha town

Tour ends!

**Meal:** Breakfast/Lunch

**Accommodation:** N/A

### Important Note\*

- PROGRAMS & SCHEDULES SUBJECT TO CHANGE WITHOUT PRIOR NOTICE
- The itinerary can be customized basing on your interests (you can extend your stay at each location, add/remove activities)

## Inclusions & Exclusions

### **Inclusions:**

- Overnights in selected hotels or similar
- All in-tour stationed local English speaking guide.

- Entrance fees for sightseeing mentioned in the itinerary
- Excursions as mentioned in the itinerary
- Transfers as mentioned by private air-conditioned vehicles (including pick up & see off)
- Meals as indicated in the itinerary
- Caving & safety gear: caving helmet, caving headlight, gloves
- Basic canvas trekking boots (only if you do not have your own pair) sizes 36 – 46
- Camping gear: tent, camp light, sleeping bag

**Exclusions:**

- Meals and services other than those noted in the itinerary
- Visa stamping fee
- International flights pre/post tour
- Laundry, telephone calls, and personal expenditures
- Gratuities for guides, drivers, porters, boat crew, and personal, non-itinerary services

## Cancellation Policy

- Cancellation received 60 days or more before arrival date: 10% of total rate
- Cancellation received from 30 days to 59 days prior arrival date: 20% of total rate
- Cancellation received from 15 days to 29 days prior arrival date: 30% of total rate
- Cancellation received from 7 days to 14 days prior arrival date: 50% of total rate
- Cancellation received less than 7 days prior arrival date or No show: 100% of total rate

## Children Policy

- For infant (<02 years old): FOC
- 02 – 10 years old without bed: 50% adult rate
- 02 – 10 years old with extra bed: 75% adult rate
- 02 – 10 years old in twin share: 90% adult rate
- from 11 years old: 100% adult rate

## Important Information

### Emergency Contact

Should you need to contact us during a situation of dire need, it is best to first call the travel consultant whom you deal with and then our hot line contacts. If for any reason you do not receive an immediate answer, please send us a detailed message and contact information by email to the agent and to [info@indochinatreks.com](mailto:info@indochinatreks.com), we may check and return your call and assist you as soon as possible.

Our all travel consultants use WhatsApps. Please ensure that you have the contact number. It's best to buy a local sim-card upon arrival. Most hotels offer free wifi. So it's very easy to contact in urgent case.

Emergency contact numbers

Mr. Kelvin Do: +84 986759655

Ms. Thuy Pham: +84 984654964

## Internal Flights

For all internal flights, we would use Vietnamairlines, Vietjesair, Jestar, Cambodia Angkorair or Laos Airlines. Most domestic flights in Laos, Cambodia and Myanmar, airlines would use small 70 seat ATR72 for short distances. Most airlines in Vietnam use the Airbus A321. 20kg for checkin luggage and 7kg for hand-bag is included in the price.

International flights before/after the tour must be booked by yourself before travelling date.

## Accommodation

We would use different hotel categories and you can select any basing on your budget. So your travel companions would not stay at your hotel. A Hotel Voucher will be provided once your tour is confirmed with all hotel details.

## Packing List

Conservative Dress

- Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)
- Shawl or scarf (for temple visits)

**Note\*:** Please pack clothing for the season in which you will be travelling. From Dec-Feb weather can be cold, so please pack warm clothing. From May-Nov it is the wet season, so please bring waterproof clothing.

## Documents

- All tickets (required)
- Passport (required) (With photocopies)
- Required visas
- Hotel & Tour Vouchers
- Meeting sign (with your names and flight details that we will use for transfers)

## Train Travel

Train travel in Vietnam is very basic and train cleanliness is often not a priority for train staff. Sleeper trains normally have 4 seats per compartment, which convert into sleeping bunks (two upper and two

lower). A sheet, pillow and blanket are provided, although many people prefer to bring their own sleeping sheet. At times, passengers of different genders may be required to share a sleeper train berth and/or share a compartment with people not travelling in your group. For short distance - 3 hours (as Hue to Danang or vv), you will do the trip on soft/hard seat carriage.

Simple food is available on the train but many people like to stock up on freshly baked bread, cheese and fruit prior to departure. Water should also be bought before the journey.

Train journeys in Vietnam are an experience and allow you to get a real taste of Vietnam.

### **Airport transfers**

All airport transfers are included in the tour price. You should provide us your arrival/departure flight details and we will arrange things basing on the information. A meeting sign with your name and all flight details will be sent to you. Please be ready at the lobby at pointed time for pickup.

Driver/guide should always be present at the airport before your arrival time. If you could not find the driver, please contact your travel consultant who you deal with. For any reason that airport transfer could not be arranged, please take the taxi to the hotel. We will refund the money then.

### **Travel insurance**

Travel insurance is not included in our tour price. When travelling with us, you are suggested to buy insurance that covers all medical coverage, cancellation, personal liability, curtailment and loss of luggage and personal effects.

### **Trip Specific Safety**

We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes which is the most secure way of storing your valuables. A lock is recommended for securing your luggage.

Be aware that petty theft can be an issue in some towns and cities especially late at night. A common tactic is opportunists on motorbikes that drive by and snatch bags. Please always leave valuables and passports etc in your hotel in safety boxes if available and only carry with you enough cash to spend for the day. Bags should always be carried over the neck and not left to sit on your shoulder.

### **Warming**

Please do not buy gems unless you know what you are doing. Even if genuine you should not expect to be able to sell them at home. If you fall victim to a gem scam, we are unable to assist you.

### **Visas and Entry Requirements**

Please note that visas for Vietnam, Cambodia and Laos are the responsibility of the individual traveller. The visa requirements for your trip vary depending on where you are from and where you are going. For the most up to date information please check your Governments Foreign Ministry website or with you travel agent as rules do change.

CAMBODIA - Visas can be obtained at the Cambodian border or Siem Reap Airport for approx. \$35 USD very easily. Please have \*at least\* 2 passport photos with you as well.

VIETNAM - As of March 2017, a select 80 nationalities are now eligible to enter Vietnam with an E-Visa. Please contact your Foreign Ministry or Vietnamese consulate to see if your nationality is eligible. Please note that you should ONLY apply for a Vietnam E-Visa if you are entering Vietnam by international airport - either Noi Bai International Airport (Hanoi) or Tan Son Nhat International Airport (Ho Chi Minh City).

If you are entering Vietnam by land border, please apply for a regular visa for Vietnam. Many of the land borders we travel through do not accept the Vietnam E-Visa. Please view this link to apply E-Visa: <https://evisa.xuatnhapcanh.gov.vn/web/guest/trang-chu-ttdt>

LAOS - Visas are issued upon arrival in Laos. You will need two passport size photographs and approx \$35. Tourists are generally admitted to Laos for 15 days with a visa on arrival or for 30 days with a visa issued at a Lao embassy. Please bring visa photos with you.

Please be aware that you will require four clean pages (minimum) in your passport and at least six months validity.

## **Tipping**

It is customary in Asia to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is expected - though not compulsory - and shows an expression of satisfaction with the people who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. Recommendations for tipping drivers and local guides would range from \$3-\$5 USD per person per day depending on the quality and length of the service.

## **Electricity**

Indochina Countries use 220V, and a mixture of flat 2-pin, round 2-pin or 3 pin plugs. It is recommended to bring a universal plug adapter.